

What is the personality profile of a child synaesthete?

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## Abstract

Previous research into personality and synaesthesia has focused on adult populations and yielded mixed results. One particular challenge has been to distinguish traits associated with synaesthesia, from traits associated with the ways in which synaesthetes were recruited. In the current study we looked at the synaesthetic personality in childhood, and resolved sampling issues by screening the student bodies of 22 primary schools in the South East of England (n= 3387; children aged 6 to 11 years old). We screened children for two types of synaesthesia (*grapheme-colour synaesthesia and sequence-personality synaesthesia*) and tested their personalities using both child-report and parent-report measures. We found strong support for synaesthesia being associated with high *Openness to Experience*, a personality trait linked to intelligence and creativity. Both synaesthesia subtypes showed this feature, supporting previous research in adults (Banissy et al., 2013; Chun & Hupé, 2016; Rouw & Scholte, 2016). We additionally found low *Extraversion* in grapheme-colour synaesthetes and high *Conscientiousness* in sequence-personality synaesthetes. We discuss our results with reference to earlier recruitment issues, and as to how perceptual differences such as synaesthesia might link to trait-differences in personality.

*Keywords:* synaesthesia, personality, children, grapheme-colour, ordinal linguistic personification

What is the personality profile of a child synaesthete?

Synaesthesia is a rare perceptual or cognitive trait affecting approximately 4.4% of the population (Simner et al., 2006). People with synaesthesia experience unusual colours, tastes, and other sensations when engaged in everyday activities like reading or listening to music (for review see Simner & Hubbard, 2013). In the current study we focus on two common types of synaesthesia in which reading letters and numbers triggers either colours (*grapheme-colour synaesthesia*; e.g., the synaesthete feels that A is red, 7 is blue) or personifications (*sequence-personality synaesthesia*; e.g., the synaesthete feels that A is outgoing and male; 7 is generous and female; Simner, Glover, & Mowat, 2006; Simner & Holenstein, 2007). Both forms are widely recognised variants of synaesthesia with known neurological profiles. For example, people with grapheme-colour synaesthesia show altered white matter connectivity in regions associated with colour processing (see Rouw & Scholte, 2007) while people with sequence-personality synaesthesia show differences in regions associated with social processing (see Simner et al., 2016). Sequence-personality synaesthesia is also known as *ordinal linguistic personification (OLP)* synaesthesia and we refer to it using this shorter acronym throughout our paper. In this study we ask whether children with either form of synaesthesia show differences in their personality profiles. In other words, we ask what is the personality of a typical child with synaesthesia? This is the first time any study has considered personality differences in children as a result of this unusual perceptual trait. We look specifically at differences between randomly sampled child synaesthetes aged 6-10 years, and their matched non-synaesthetic controls.

It may not be surprising if we were to find that synaesthetes have a specific personality profile, since synaesthetes are known to differ from their peers in a number of ways that transcend synaesthesia itself. For example, synaesthetes have better memories (Rothen, Meier, & Ward,

2012), better spatial processing, and increased visual imagery (Havlik, Carmichael, & Simner, 2015). Additionally, child synaesthetes show faster processing speed (Simner & Bain, 2018) and heightened vocabulary knowledge (Smees, Hughes, & Simner, 2019). Studies have also examined whether there is a particular personality profile associated with synaesthesia, at least in adults. This earlier research focussed on the “big five” model of personality (Tupes & Christal, 1992) which considers personality as having five component parts, or *factors*. These factors are widely known as *Conscientiousness*, *Extraversion*, *Agreeableness*, and *Neuroticism* and *Openness to Experience* (Goldberg, 1990; McCrae & Costa, 1987). The factor of *Conscientiousness* relates to self-discipline and organisation. *Extraversion* is associated with being outgoing and dominant, *Agreeableness* with traits such as empathy and cooperation, and *Neuroticism* describes how much one is anxious versus emotionally stable. Finally, *Openness to Experience* reflects intellectual curiosity, artistic interest and imagination (Caspi, Roberts, & Shiner, 2005). Previous research has therefore asked whether adult synaesthetes show differences to their peers in their personalities, as captured by the five factor model.

Three seminal studies have looked at personality traits in adults who had similar types of synaesthesia to the ones we examine here (e.g., coloured letters; Banissy et al., 2013; Chun & Hupé, 2016; Rouw & Scholte, 2016). We review these important studies below because we will be conducting similar research on children. Despite a number of differences across these early studies (see below) all converged on one finding at least, that the synaesthetes they tested showed higher *Openness to Experience* compared to their non-synaesthete controls (Banissy et al., 2013; Chun & Hupé, 2016; Rouw & Scholte, 2016). Additional support for this elevated Openness in synaesthetes may come, too, from studies of their creativity -- a feature closely tied to Openness (John & Srivastava, 1999). Rothen and Meier (Rothen & Meier, 2010) found that grapheme-colour

synaesthesia was more prevalent amongst art students compared to controls, and Ward, Thompson-Lake, Ely, and Kaminski (2008) showed that synaesthetes engage more in artistic pursuits (see also Domino, 1989; Rich, Bradshaw, & Mattingley, 2005). Chun & Hupé (2016) also reported that synaesthetes scored higher on *absorption*, a trait related to the enjoyment of imaginative activities. Finally, synaesthetes also scored higher in convergent thinking (Ward et al., 2008; using the Remote Associates Test; Mednick, 1968) a trait linked to creativity and intelligence (both *Openness* features; John & Srivastava, 1999). In sum, studies have shown in multiple ways that synaesthesia may be linked to the trait of Openness to Experience – at least for the adult synaesthetes tested in those earlier studies.

However, although the three studies reviewed above converged on elevated Openness in synaesthetes, their findings were problematic in several ways. First, their results differed widely on personality factors *other* than Openness. So the 81 *grapheme-colour synaesthetes* tested by Banissy et al. (Banissy et al., 2013) also showed lower *Agreeableness* than controls. The 89 synaesthetes tested by Rouw and Scholte (2016; with varying forms of synaesthesia including grapheme-colour synaesthesia) scored significantly higher on *Neuroticism*, and they scored low on *Conscientiousness*. In contrast, Chun and Hupé (Chun & Hupé, 2016) found no other big five factors aside from *Openness*, when testing their 29 synaesthetes with multiple forms of synaesthesia (again including grapheme-colour synaesthesia). This body of research therefore suggests that whilst there are likely to be differences in personality associated with being an adult synaesthete, it is unclear precisely what those differences are, which synaesthesias they affect, and whether any trait other than *Openness* could be replicated.

A second question arises over the ways in which these synaesthetes were recruited for study. Banissy et al. recruited synaesthetes from a cohort who had reached out to the university and

agreed to leave their contact details for future synaesthesia studies. But it is reasonable to assume that this type of volunteer might show certain personality traits irrespective of synaesthesia. For example, they may be driven by high levels of intellectual curiosity, a feature that is important for *Openness to Experience*. Importantly, Banissy et al.'s controls were recruited differently (e.g., some were personal acquaintances who took part in response to personal request). Hence self-referred synaesthetes might score higher on Openness, simply by virtue of the recruitment method. Similarly, the participants of Chun and Hupé (Chun & Hupé, 2016) and Rouw and Scholte (2016) had also shown willingness to leave contact details for a future science studies, and such volunteers are known to be *a priori* high on the trait of Openness (Dollinger and Leon, 1993). In these two studies, however, steps were taken to minimise sampling biases by ensuring controls were recruited similarly. However, neither study included a fully random sample of verified synaesthetes. For example, Chun and Hupé (Chun & Hupé, 2016) included descriptions of synaesthesia in their recruitment materials, which might disproportionately attract intellectually-curious synaesthetes (i.e., those high on Openness wishing to better understand themselves). And Rouw and Scholte (2016) did not verify synaesthetes with an objective test -- which is an important stage in confirming bona fide synaesthesia (see Simner, 2012; Simner et al., 2006). Simner et al. (2006) have shown that a surprisingly high number of self-declared 'synaesthetes' are in fact malingerers, and malingerers are known to be low in Conscientiousness (Grieve, 2012) – one of the features tied to synaesthesia in Rouw and Scholte (2016). Another trait found by Rouw and Scholte was high Neuroticism, and this has been linked with hypochondria and pathologizing (Costa Jr & McCrae, 1987), so again might be higher in a group of 'synaesthetes' if they are, at least in part, malingerers.

In summary, establishing the personality traits of rare groups such as synaesthetes poses particular problems if recruitment (a) informs subjects about synaesthesia during recruitment (b)

relies on self-diagnoses of synaesthesia without an objective test (c) recruits synaesthetes differently to controls, or (d) accepts sporadic self-referred volunteers from the population at large (as opposed to identifying synaesthetes using large-scale screening methods as we do here; see below). All these methodological choices are widely used in the literature, and are particularly understandable given difficulties in recruiting synaesthetes, but they may have an adverse effect on assessments of personality. In the current study we therefore take a different approach to avoid these issues, by testing the student bodies of 22 primary schools (n= 3387; children aged 6 to 10 years old). We screened children for synaesthesia and also tested their personalities. Our recruitment captured virtually the entire student body of our target classes (children were rarely missing except, for example, where they were absent from school of the testing day). Parents/children were free to opt-out but very few did (only 1% of our sample) and this allowed us to capture the personalities of synaesthetes and non-synaesthetes while at the same time avoiding the recruitment problems in adult studies described above.

Aside from the methodological issues discussed above, it is also unclear from adult studies whether different personality traits might relate to different forms of synaesthesia. One final study examined a very different type of synaesthete to those examined previously, but found no personality differences whatsoever. Ward et al. (2018) tested *sequence-space synaesthetes*, who view sequences such as days and months as being projected into spatial arrays (e.g., months of the year might be seen in an oval shape). Ward et al. (2018) recruited synaesthetes and controls without obvious bias but used a very short personality measure with certain methodological limitations (e.g., see <https://gosling.psy.utexas.edu/scales-weve-developed/ten-item-personality-measure-tipi>). Hence, their null effect may stem from a weakness in their personality measurement, but might also suggest the very real possibility that different forms of synaesthesia generate different

personality profiles. We therefore tested here whether personality is different across two different types of synaesthesia, to examine directly whether variants of synaesthesia are associated with different profiles. One final issue arising from adult studies is that they cannot establish whether personality differences emerge slowly over time, or whether they are observable even in very young synaesthetes. In the current study we therefore examine personalities while synaesthetes were still young (ages 8-11 years). By targeting this age group, we can better understand whether personality differences arise from some *a priori* (e.g., neurodevelopmental) source -- emerging early -- or whether they arise from repeated exposure to synaesthesia over time -- emerging only in adults. For example, repeated exposure to synaesthetic colours might drive synaesthetes to want to engage in creative activities (e.g., painting) and thereby heighten their trait of Openness (see Simner, 2019, for a similar account in a first-person anecdotal report). Here we may not expect peaks of *Openness* in young synaesthetes, given their fewer synaesthetic experiences compared to adult synaesthetes.

In testing the personalities of child synaesthetes, there are several key considerations. First we must administer an objective test of synaesthesia, as well as measures of children's personality traits. We do the former using established 'gold standard' methodology for identifying synaesthetes (see below) and we do the latter by administering personality tests to both the children themselves and to their parents. Personality traits can be unstable in children (Caspi et al., 2005) and the trait of *Openness* is particularly variable in measurements (Caspi et al., 2005). Moreover, reliability between child-report and parent-report is typically moderate only (Markey, Markey, Tinsley, & Ericksen, 2002; see also McCrae & Costa, 1987). This means that children's self-rated reports may hold additional information, or that children may have a different viewpoint compared to their parents. For this reason, it will be beneficial to use children's own self-report in conjunction with



adult-ratings, to get a comprehensive assessment of their personalities. Rinaldi, Smees Carmichael and Simner (Rinaldi, Smees, Carmichael, & Simner, 2019) found that children as young as 8 years old can self-report personality on a questionnaire. However, they found, too, that children *younger* than 8 struggle in this task, and can reliably self-report only on their *Agreeableness* and *Neuroticism*. Therefore in the current study we measure personality using parent-report for children 6-10 years, but also child-report measures for children aged 8 years and older (Rinaldi et al., 2019).

In testing for synaesthesia we use the ‘gold standard’ method to identify a key marker of synaesthesia known as ‘consistency-over-time’. When synaesthetes describe their associations (e.g., A is red, 9 is outgoing) and repeat these descriptions later, they do so with high consistency. Hence the colour of any particular letter (e.g., A is red) does not change markedly over time for any given grapheme-colour synaesthete, and the personality does not change (e.g., 9 is outgoing) for an OLP synaesthete. Diagnostics for synaesthesia therefore elicit associations twice and assess consistency: synaesthetes are identified as those who are extremely consistent over time, while non-synaesthetes are *inconsistent*. One particular challenge in testing child synaesthetes, however, is that their consistency grows with age. At age 6-7 years, child grapheme-colour synaesthetes have only approximately 34% of their alphabet with fixed synaesthetic colours (rising to 71% by age 10-11 years; Simner & Bain, 2013). For this reason, we used an in-house test of consistency that takes into account the rising levels of consistency within child synaesthetes as they age, and sets the diagnostic threshold between synaesthetes and non-synaesthetes accordingly (see Methods, and Simner, Alvarez, Rinaldi, Smees, & Carmichael, 2019; Simner, Rinaldi, et al., 2019).

In summary, here we screen a very large sample of children (aged 6-10 years) for two types of synaesthesia (OLP and grapheme-colour synaesthesia), and at the same time, we measure their

personality traits. We have four aims. First we ask whether synaesthetes have higher *Openness* than their peers, when avoiding the recruitment issues of adult studies. Second, we also seek any other differences in personality profile (higher Neuroticism, lower Conscientiousness and, lower Agreeableness) as found in Rouw and Scholte (2016), and Banissy et al. (Banissy et al., 2013). Third, we compare our child findings to earlier adult studies, to detect developmental differences (see *Discussion*). Finally, we aim to compare childhood grapheme-colour synaesthesia and OLP synaesthesia, to ask whether different personality traits are tied to different forms of synaesthesia.

## **Methods**

### **Participants**

We tested 3387 children from 22 UK primary schools in East and West Sussex, Southern England, who were aged 6 to 10 years during the first of the two sessions required for this study (see below). Our cohort comprised 1650 girls (mean age 8.43, SD 1.17) and 1737 boys (mean age 8.43, SD 1.17). Our tests below will divide these children into target groups of synaesthetes and matched controls (see *Materials and Procedures* for how groups were categorised, and see *Results* for the numbers within each group).

One hundred and thirty additional subjects were excluded, 40 of whom were opted out either by their parents or themselves (only 1.08% of children across the 22 target schools); nine did not speak English (i.e., were newly arrived in the UK); one was out of her year group in age; and 80 had missing data (e.g., were taken out of class during testing, experienced a technical failure). We also invited the parents of the entire child cohort to take part in our parent-questionnaire. Two hundred and seventy-eight parents of our target children participated (i.e., 278 were parents of those children we subsequently categorised as either synaesthetes or their matched

controls; see *Results* for numbers within each group). This study was approved by the Sussex University Science and Technology Ethics Committee.

## **Materials and Procedures**

### **Diagnostic for Grapheme-Colour Synaesthesia.**

Our in-house test for grapheme-colour synaesthesia in children is reported in detail by Simner, Rinaldi, et al. (2019). The test was delivered via an app, using one of 33 touch screen tablets handed out to children (either Acer Aspire SW3-016 tablets or Acer One 10 tablets, running on Windows 10 with an Intel® Atom TM x5-Z8300 Processor and 10.1" HD LED displays; 1280 x 800 pixels). During the test, children saw 36 graphemes (letters A-Z; numbers 0-9) displayed on-screen, one by one. To the right of the grapheme was a colour palette with 23,050 different colours (see Simner, Rinaldi, et al., 2019 for the design-features which ensured this palette was child-friendly). Children were instructed to “choose the best colour” for each letter or number; they were told there was no wrong or right answer but that they should avoid repeatedly choosing the same colour for everything. Across the entire test, graphemes were presented three times each in a block design, which first randomised A-Z and 0-9 in Block 1, and then pseudo-randomised these 36 graphemes again in each of two more blocks to ensure the same grapheme would never be repeated consecutively.

Following Simner, Rinaldi, et al. (2019), our analysis will compare the three colours given for each grapheme (e.g., the three colours given for the letter A), to assess how consistently each child gave colours for letters and numbers. Children with a large number of highly consistent graphemes were identified as *potential synaesthetes* (see *Results* for the level of consistency required) and these potential synaesthetes were re-tested in a second session 6-10 months later (mean= 7.62 months; SD= 1.12). As well as re-testing these potential synaesthetes (n=333), we

also re-tested a group of controls (n=663). Controls had been matched to potential synaesthetes (two controls per potential synaesthete) according to age and sex, but were children who had not shown high consistency within Session 1 (specifically, their consistency in Session 1 had fallen below a threshold placed at 1SD above the mean). Controls were matched from the same school if this was possible, or if this was *not* possible, they were matched from a school sharing the same socio-economic status (i.e., using each school's percentage *Free School Meals*, as the UK school-wide benefit linked to low household income; see Taylor, 2018). The number of children retested within each age group, sex group, and experimental group (potential synaesthetes, controls) is shown in the *Results*.

In this second session (henceforth *Session 2*; i.e., 7.62 months later) potential synaesthetes were given the same test again, to determine whether they again showed consistency. Only children consistent within Session 1, consistent within Session 2, and consistent longitudinally across sessions (i.e., across 7.62 months) would be ultimately recognised as true synaesthetes (see *Results*).

### **Diagnostic for OLP Synaesthesia.**

This in-house diagnostic is reported in detail in Simner, Alvarez, et al. (2019). It again tests for synaesthesia by identifying consistent associations, but this time the associations are between graphemes and personifications (e.g., A is a friendly female). In this test, children saw the letters of the alphabet presented in a randomized order down the centre of a page, and were required to match each letter to one of six faces (shown as line drawings). Half the faces were female and half were male, and within each sex, they were either friendly, neutral, or unfriendly. Children were required to choose one face for each letter (e.g., A = friendly male). After completing the task for

all letters, children saw the letters again in a re-randomised order 40 minutes later, and they gave their associations again. In other words, they provided two personifications per letter within Session 1.

As before, children who showed high consistency within Session 1 (i.e., potential synaesthetes) repeated the test again in a second session (*Session 2*) which took place 6-10 months later, along with a group of matched controls (who had not been consistent; see *Results* for how consistency was measured). In Session 1 children completed our test as a pencil-and-paper task but used touchscreen electronic tablets in Session 2 (to expedite scoring). The paper and electronic tests were identical in appearance and design, except that where children drew a line between a letter and its face using a pencil in Session 1, they traced a line with their finger on the touchscreen in Session 2 (and the app drew a line in response). The tablet app prevented children from choosing more than one line per letter, whereas this role was undertaken by the supervising researcher for the pencil-and-paper version. For the tablet version, children were given the same individual 10" tablets described above.

### **Personality testing: Child self-report**

Children in Session 2 completed a self-report questionnaire called the *Definitional BFI-44-c* (Rinaldi, Smees, Carmichael & Simner; 2019). The items in the questionnaire each relate to one of the big five factors of personality, and there were ten items for *Openness*, nine for *Conscientiousness* and eight for *Extraversion*, *Agreeableness* and *Neuroticism*. For example, one item states "I see myself as someone who does things carefully and completely" (*Conscientiousness* factor). Children were required to respond on a 5-point Likert Scale from "Disagree Strongly" to "Agree Strongly". This questionnaire is based on the BFI-44 (Big 5

Inventory, 44 item; John, Donahue, & Kentle, 1991; John et al., 2008; John & Srivastava, 1999) but provides definitions for words to make the test suitable for children (following Rinaldi, Smees, Carmichael & Simner; 2019; e.g., one items states “I see myself as someone who starts quarrels with others” and has a definition for “quarrel”, which appears a pop-up on-screen as “This means someone who starts arguments.”). We presented this test during Session 2, using the tablets described above. Since this test is only suitable for older children (8 years and above) (Rinaldi et al., 2019) our youngest children did not complete it (i.e., anyone 6-7 years in Session 2).

### **Personality testing: Parent-report**

In order to capture personality in the most comprehensive way possible, we additionally looked at how parents rated the personality of their children, using the equivalent BFI-44 test for parents. The *BFI-44-parent* (John & Srivastava, 1999) was recently validated by Rinaldi et al. (2019) and is identical to the child-version above, but without definitions, and relates to the child (e.g., “I see my child as someone who... ”). Parents completed either a pencil-and-paper version sent by post, or they completed an identical version posted on the website Qualtrics, which they accessed via a URL sent to them by email (the decision of post vs. email was dictated by how each school communicated routinely with its parents). The questionnaire was sent out during Session 1 testing, and reminder emails were sent during Session 2 testing, and then again once our child-testing was complete.

## Results

### Identifying *Grapheme-colour* synaesthetes

We diagnosed grapheme-colour synaesthesia according to the methodology of Simner, Rinaldi et al. (2019). In brief, this involves the following steps. After Session 1, we first identified 333 *potential grapheme-colour synaesthetes*, as children who had given consistent colours for their graphemes in Session 1. Specifically, these children had a significantly high number of consistent letters and/or numbers, compared to age-matched peers (i.e., 1.96 standard deviations above the mean for his/her age group; following Simner, Rinaldi et al., 2019). We recognised ‘consistent letters and/or numbers’ by examining the three selections the child had given in Session 1 for each grapheme (e.g., his/her three colours for the letter A). We computed the colour distance between them (in CIELAB colour space; International Color Consortium®, 2004) and where this colour distance was particularly small (1 SD smaller than the mean for that same grapheme across all children) we scored the child 1 point. We then repeated this for all the child’s letters and numbers, thereby giving him/her a *Session 1 Letter Score* (out of 26) and a *Session 1 Number Score* (out of 10). We then looked across all children to find the overall distribution of *Session 1 Letter Scores* and *Session 1 Number Scores*. Anyone with a particularly high score (1.96 standard deviations above the mean for their age) showed signs of having many consistently-coloured graphemes. These children were classified as *potential synaesthetes* and were retested in Session 2. (The remaining children were not tested for synaesthesia in Session 2, but 663 of them were paired with potential synaesthetes for the purposes of our personality testing; this group were named *average memory controls*; see Table 1).

In Session 2 we again looked at the consistency of *potential synaesthetes*, in order to identify those who were *true synaesthetes*. We knew that *potential synaesthetes* would have

included two types of children: true synaesthetes but also non-synaesthetic children who scored highly within Session 1 simply by employing some type of strategy (e.g. R = red, G = Green) or from having a superior memory span. We name these *high memory non-synaesthetes*<sup>1</sup>, and the goal of Session 2 was to divide the *potential synaesthete* group into *true synaesthetes* versus *high memory non-synaesthetes*. True synaesthetes would continue to be consistent when we tested them again, and over a longer period, while high memory non-synaesthetes would not. Hence we calculated consistency again, just as before, but now calculating each child's *Letter Score* and *Number Score within Session 2*. Scores were again out of 26 and 10, respectively, and were computed for each child in the same manner as before (i.e., we scored a point for each letter and number whose colour-distance was below the mean for that grapheme by 1SD or more). Following Simner, Rinaldi et al. (2019) we took our means again from Session 1 because this allowed us to use the largest sample available to set our mean baselines. Using these baselines, we flagged any child whose *Session 2 Letter Score*, or *Session 2 Number Score* was significant high for his/her age (i.e., >1.96SD above the age-linked mean, as before).

In parallel we also computed one final consistency score: the *Delayed consistency score*. This was an indication of which children had been consistent not within Session 1 or within 2, but across the 6-10 month interval separating the two sessions. For delayed consistency we compared the first selection of colours in Session 1 with the first selection in Session 2 (e.g., the first of the

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<sup>1</sup> We point out for maximum clarity that the term '*high memory controls*' is used here for continuity with the literature, and does not suggest that children were assessed for their memory in any way *other than* by providing consistent colours for graphemes (within a single test session, while not being synaesthetes). Following the literature, we assume these non-synaesthetes performed well within the single session either by using a strategy, or by having a superior memory span (because they did not show the long-term consistency typical of synaesthete, see below). The term for such children in the literature has been '*high memory controls*' (e.g., Simner et al., 2009) which we continue here.



three colours given for letter A in Session 1, compared to the first of the three colours given for letter A in Session 2). We computed Letter and Number Scores in the same manner as before, again using the Session 1 means to identify who was 1.96SD more consistent than the mean for his/her age. (This was a very conservative requirement since it meant that true synaesthetes needed to be significantly more consistent across 6-10 months than their peers had been within the 10 minute test of Session 1.) Given all these measures, we divided our participants into three groups: *true synaesthetes* (consistent within Session 1, *and* consistent within Session 2, *and* consistent across sessions) versus *high memory non-synaesthetes* (consistent in Session 1, but not in all three), versus *average memory non-synaesthetes* (inconsistent in Session 1, and therefore not retested for synaesthesia).

We prefaced all our calculations above by first identifying children who had not followed task instructions (children had been instructed not give the same colour for everything). Here used a DBSCAN clustering method (Ester, Kriegel, Jorg, & Xu, 1996) to remove large clusters of colours for participants who had for example, chosen red for all graphemes. This method is described more fully in Simner, Rinaldi, et al. (2019) but essentially recognises large clusters of similarly coloured graphemes, and removes them from all consistency calculations. With this method we identified and subsequently excluded 30 *potential grapheme-colour synaesthetes* who 40% or more of their graphemes (in either Session 1 or 2). Table 1 summarises our final classification of children at each stage (Session 1 and Session 2 and subject-removal).

Table 1. Classification of children following screening for grapheme-colour synaesthesia after each Session. (Ave-mem = average-memory; high-mem = high-memory). Shading indicates the age/gender breakdown for Session 1 categories (potential synaesthetes n333, average-memory

controls n663). Note that ages shown are as of Session 1 although children in Session 2 were 6-10 months older.

Status Session 1	Status Session 2	Gender	Age (in years)				
			6	7	8	9	10
Potential synaesthete 333		F 168	29	42	38	36	23
		M 165	33	39	43	34	16
	Synaesthete 41	F 22	1	5	3	7	6
		M 19	1	5	5	7	1
	High-mem Control 262	F 138	25	35	33	29	16
		M 124	27	29	32	22	14
	Removed 30						
	Ave-mem control 663		F 332	56	82	67	87
M 331			69	74	82	74	32
Ave-mem Control 605		F 318	52	77	64	87	38
		M 287	58	66	72	61	30
Removed 58							

*Note:* Average memory controls were not retested in Session 2, but their numbers reduced in response to the removal of their matched potential synaesthete.

### Identifying *OLP* synaesthetes

We identified *OLP* synaesthetes following Simner, Alvarez et al. (Simner, Alvarez, Rinaldi, et al., 2019). This takes a similar approach to above, in that we first identified a group of potential synaesthetes who were consistent within Session 1 and we then used data from Session 2 to separate this group into true synaesthetes (who continued to be consistent in Session 2, and across sessions) and high memory non-synaesthetes (i.e., who did not continue to be consistent after Session 1). Unlike above, children were given three consistency scores (each out of 26 letters) because they could show consistency (a) for *personality matches*, where gender is ignored (e.g. A is always friendly) (b) for *gender matches*, where personality is ignored (e.g. A is always female),

and (c) for *strict matches*, where both personality and gender count (e.g. A is always a friendly female). Children identified as consistent within any of these scores were identified as *potential synaesthetes* from Session 1 (and subsequently re-classified after Session 2 as either *true synaesthetes* or *high-memory non-synaesthetes*).

As above, high memory non-synaesthetes will have scored well in Session 1 either from memory alone or by having applied strategies that they failed to apply in subsequent testing (e.g. G is for girl therefore G is female). Recognising strategies is particularly important in this OLP test because responses are made from among only six choices (i.e., six faces), rather than the 23,050 colours in the grapheme-colour test. This means that chance-responding produces relatively consistent performance, so there is a risk of approaching ceiling if strategies are used even to a minor degree. For this reason (i.e., risk of strategies, small number of response-domains) We follow Simner, Alvarez et al. (Simner, Alvarez, Rinaldi, et al., 2019) in determining consistency using a weighted scoring method, which scores rarer matches (e.g., F = male) more highly than common matches (e.g., F = female). We then applied the thresholds from Simner et al. (2019) to identify children responding consistently for their age in any of their scores (at the 99<sup>th</sup> percentile from a Monte Carlo simulation of weighted scores, see Simner, Alvarez, et al., 2019).

As a result of these calculations, we identified 241 *potential OLP synaesthetes*, who had given consistent personifications for letters in Session 1. From among those who failed in Session 1, we identified 481 children to serve as *average memory controls*. After Session 2, our potential synaesthetes were further divided into the categories of *true synaesthete* and *high memory non-synaesthetes*, as shown in Table 2. Finally, we removed 127 children (82 potential synaesthetes, 45 average memory controls) for not following task instructions (i.e. they choose the same gender for > 20/26 letters or the same personality for >16/26 letters; see Simner, Alvarez, et al., 2019) plus

157 controls who had been matched to potential synaesthetes who were themselves subsequently excluded; see Table 2.

Table 2: Classification of children following screening for OLP synaesthesia after each Session. (Ave-mem = average-memory; high-mem = high-memory). Shading indicates the age/gender breakdown for Session 1 categories (potential synaesthetes n241, average-memory controls n493). Note that ages shown are as of Session 1 although children in Session 2 were 6-10 months older.

Status Session 1	Status Session 2	Gender	Age (in years)				
			6	7	8	9	10
Potential synaesthete 241		F 122	12	30	31	35	14
		M 119	22	30	25	29	13
	Synaesthete 41	F 20	0	3	7	6	4
		M 21	1	5	3	8	4
	High-mem Control 118	F 65	6	18	16	18	7
		M 53	8	12	13	16	4
Removed 82							
Ave-mem control 493		F 248	36	46	64	70	32
		M 245	47	56	57	61	24
	Ave-mem Control 291	F 162	17	32	39	48	26
		M 129	14	24	34	42	15
	Removed 202						

*Note:* Average memory controls were not retested in Session 2, but their numbers reduced in response to the removal of their matched potential synaesthete.

### What is the personality profile of a child synaesthete?

We next examined the personality traits of the different groups identified in our synaesthesia screening. These tests had identified 41 *grapheme-colour synaesthetes*, along with their 663 *average memory controls* and 290 *high memory controls*. The tests had also identified 41

*OLP synaesthetes*, along with their 291 *average memory controls* and 118 *high memory controls*. Since we did not anticipate a difference in our controls depending on which type of synaesthete we had allocated them to, we collapsed control groups to enlarge sample size. Hence our personality analyses will compare four groups: *grapheme-colour synaesthetes*, *OLP synaesthetes*, *average memory controls* and *high memory controls*.

Since our child-rated personality test was taken only by those aged 8 and over, it was taken by of 30 *grapheme-colour synaesthetes* (15 female, 15 male, mean age = 9.16, SD = 0.83), 32 *OLP synaesthetes* (17 female, 15 male, mean age = 9.08, SD = 0.83), 210 *high memory controls* (115 female, 95 male, mean age = 8.93, SD = 0.85) and 465 *average memory controls* (243 female, 222 male, mean age = 8.98, SD = 0.85). In our parent-rated personality test, we had 278 parents. Of these 15 were parents of *grapheme-colour synaesthetes* (11 female, 4 male, mean age = 8.40, SD = 1.16), 20 were parents of *OLP synaesthetes* (10 female, 10 male, mean age = 8.71, SD = 1.13), 114 were parents of *high memory controls* (64 female, 50 male, mean age = 8.35, SD = 1.21) and 133 were parents of *average memory controls* (64 female, 69 male, mean age = 8.32, SD = 1.18).

Below we explore whether there are any personality traits in synaesthesia, by examining synaesthetes with *grapheme-colour synaesthesia*, and *OLP synaesthesia* separately. We removed the five children who had both types of synaesthesia (*grapheme-colour and OLP*) because they could not be allocated to either of our mutually-exclusive groups (and we judged that n5 would be too small to explore personality within multiple-variant synaesthetes). The number of children in each group are shown in the analyses below, for child-rated personality and parent-rated personality respectively. We conducted multinomial log-linear regression analyses in R version 1.1.456 using the *nnet* package version 7.3-12 (Ripley, Venables, & Maintainer, 2016), treating our largest cohort as the reference group (i.e., *average-memory controls*; but see *Supplementary*

*Information, SI*, for parallel models switching reference group to high-memory controls). We included age as a covariate given age-differences across groups ( $F(4, 1086) = 3.93, p = .004$ )<sup>2</sup> and we followed standard approaches to ipsatize child-rated personality scores prior to our analyses, in order to control for the effect of acquiescence-bias in children (see Rinaldi et al., 2019).

### **Definitional BFI-46-C.**

In our child-rated questionnaire, we investigated differences between 25 *grapheme-colour synaesthetes*, 27 *OLP synaesthetes*, 405 *average memory controls*, and 210 *high memory controls*. Setting our reference group to *average memory controls*, we found participants were significantly more likely to be synaesthetes if they had higher *Openness* scores, for both grapheme-colour synaesthetes and for OLP synaesthetes (see Table 2). Here, a one unit increase in *Openness* scores corresponded to a 5.64 increase in odds of being a grapheme-colour synaesthete (or a 463% increase in the odds), and a one unit increase in *Openness* corresponded to a 4.22 increase in the odds of being an OLP synaesthete (322% increase in odds). We next set our reference to *high memory controls* and found a similar pattern (see Table 1, SI); an increase in *Openness* was associated with 3.89 increase (289%) in the relative odds of being a grapheme-colour synaesthete

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<sup>2</sup> The age effect arises from a known interaction between the development of synaesthesia and the reliability of the diagnostic test, which struggles to identify synaesthetes at the very youngest age. Six year old synaesthetes have only very nascent synaesthesia (Simner, Harrold, Creed, Monro, & Foulkes, 2009) and the diagnostic can detect only those 6 year old synaesthetes with the most synaesthetic colours (typically the older of the 6 year olds). This weights 6 year olds away from synaesthetes, and towards high-memory non-synaesthetes (see Simner, Alvarez, Rinaldi, et al., 2019; Simner, Alvarez, Smees, et al., 2019). No age effects are found at other ages, where the test performs better. To recognise this known age-effect, we include age as a predictor in our models, and also point out that this effect makes our comparisons more conservative (i.e., some 6 year old synaesthetes are pushed into the high memory group, making group-wise differences harder, not easier, to detect).

compared to a *high memory controls*. There was also a 2.91 increase (191%) in the relative odds of being an OLP synaesthete, but this effect was only trending ( $p = .077$ ; see Table 1, SI).

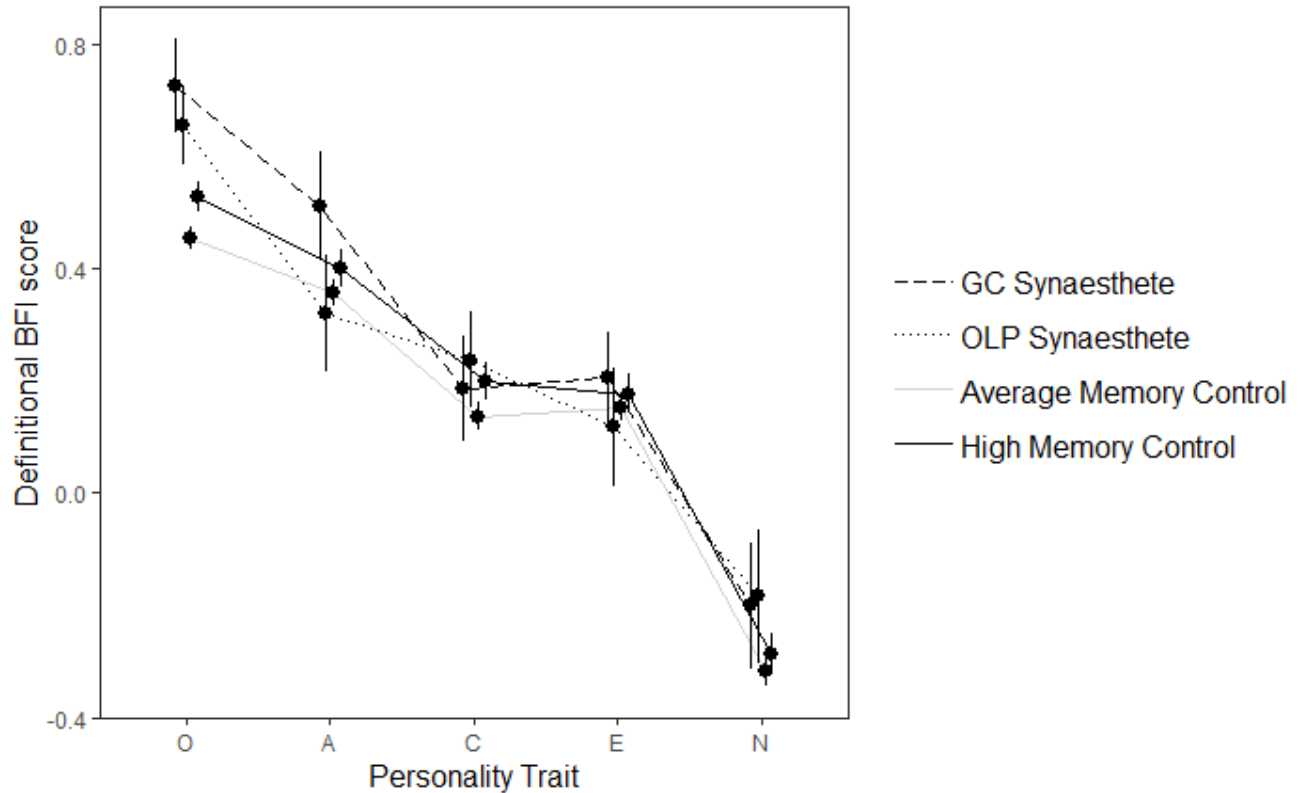
Table 3.

Group differences in child-rated personality using Multinomial Log-linear Regression with significant results shown in bold.

Group	Term	Co-efficient	Lower CI (Co-efficient)	Upper CI (Co-efficient)	SE	Wald z	p-value	Odds Ratio	% Change in Odds
<b>Reference: Average memory controls</b>									
High memory controls	Intercept	0.04	-1.44	1.53	0.76	0.06	.954	1.04	4.43
	Neuroticism	0.06	-0.25	0.37	0.16	0.39	.699	1.06	6.31
	Openness	0.37	-0.07	0.81	0.22	1.66	.097	1.45	44.81
	Agreeableness	-0.05	-0.48	0.39	0.22	-0.21	.835	0.95	-4.54
	Conscientiousness	0.21	-0.20	0.62	0.21	1.00	.316	1.23	23.26
	Extraversion	-0.01	-0.35	0.34	0.18	-0.04	.972	0.99	-0.62
	Age	-0.12	-0.30	0.05	0.09	-1.35	.177	0.89	-11.37
Grapheme-colour Synaesthete	Intercept	-5.33	-9.29	-1.36	2.02	-2.63	.008	0.00	-99.51
	Neuroticism	0.18	-0.57	0.92	0.38	0.46	.644	1.19	19.21
	Openness	1.73	0.46	3.00	0.65	2.66	<b>.008*</b>	5.64	463.89
	Agreeableness	0.61	-0.51	1.73	0.57	1.06	.288	1.84	83.89
	Conscientiousness	-0.37	-1.39	0.66	0.52	-0.70	.485	0.69	-30.61
	Extraversion	-0.29	-1.18	0.61	0.46	-0.63	.530	0.75	-24.89
	Age	0.15	-0.30	0.59	0.23	0.64	.521	1.16	15.73
OLP synaesthete	Intercept	-3.32	-6.97	0.34	1.86	-1.78	.075	0.04	-96.38
	Neuroticism	0.20	-0.55	0.94	0.38	0.52	.602	1.22	21.91
	Openness	1.44	0.28	2.60	0.59	2.44	<b>.015*</b>	4.22	322.11
	Agreeableness	-0.80	-1.80	0.20	0.51	-1.57	.116	0.45	-55.18
	Conscientiousness	0.73	-0.25	1.70	0.50	1.46	.146	2.07	106.55
	Extraversion	-0.37	-1.22	0.47	0.43	-0.86	.388	0.69	-31.15
	Age	-0.01	-0.44	0.41	0.22	-0.05	.957	0.99	-1.15

Note: \* indicates significance at the  $p = .05$  level. The model AIC = 1255.74, deviance = 1297.74.

Our data is summarized in Figure 1, which shows means scores for each group, for each of the five personality factors.



*Figure 1:* Means scores for each of the five personality factors in the (child-reported) Definitonal BFI-44-C questionnaire, where O stands for Openness, A for Agreeableness, C for Conscientiousness, E for Extraversion and N for Neuroticism. Error bars show standard error of the mean.

### **Parent-rated BFI-44.**

We next examined scores from our parent-rated questionnaire, based on 11 *grapheme-colour synaesthetes*, 16 *OLP synaesthetes*, 153 *average memory controls*, and 114 *high memory controls*. We began as before, by setting our reference group to average memory controls, and



again found evidence of a link between Openness and synaesthesia (see Table 3). Higher *Openness* was significantly associated with being a grapheme-colour synaesthete, where a one unit increase in *Openness* scores gave an 8.18 increase (718%) in the relative odds of being synaesthetic compared to an average memory control. We found a similar effect when setting our reference to *high memory controls* (see Table 2, SI). Again, an increase in *Openness* was associated with a significant increase in the relative odds of being a grapheme-colour synaesthetes compared to a high memory control (9.68 increase in odds or 868%).

Parent-reports did not show the significant Openness link found earlier in child-reports for OLP synaesthetes, despite elevated odds at 129% in comparison to average-memory controls, and 170% in comparison to high-memory controls.

Our parent-rated data showed additional effects beyond those in the child-rated questionnaire, for two further traits. *Grapheme-colour synaesthetes* showed significantly lower *Extraversion* than *average memory controls*, with a 68% reduction in odds of being synaesthetic for each unit of Extraversion (see Table 3). *Grapheme-colour synaesthetes* also showed lower extraversion than high memory controls (see Table 2, SI: when we set our reference as high memory controls, grapheme-colour synaesthetes showed a 60% reduction in the odds of being synaesthetic for each unit increase in *Extraversion*). Finally, our parent-rated data showed that OLP synaesthetes were associated with higher *Conscientiousness* compared to average memory controls (2.70 increase in odds or 170% change; see Table 3 below) but not compared to high memory controls (see Table 2, SI).

Table 4.

## Group differences in parent-rated personality using Multinomial Log-linear Regression

with significant results shown in bold

Group	Term	Co-efficient	Lower CI Co-efficient	Upper CI Co-efficient	SE	Wald z	p-value	Odds Ratio	% Change in Odds
<b>Reference: Average memory controls</b>									
High memory controls	Intercept	1.25	-2.27	4.77	1.80	0.70	.487	3.49	249.12
	Neuroticism	-0.02	-0.37	0.33	0.18	-0.09	.924	0.98	-1.67
	Openness	-0.17	-0.70	0.35	0.27	-0.63	.529	0.85	-15.45
	Agreeableness	-0.19	-0.58	0.21	0.20	-0.92	.358	0.83	-16.93
	Conscientiousness	0.38	-0.01	0.76	0.20	1.90	.057	1.46	45.58
	Extraversion	-0.23	-0.57	0.11	0.17	-1.31	.129	0.80	-20.48
	Age	-0.05	-0.26	0.16	0.11	-0.45	.656	0.95	-4.71
Grapheme-colour Synaesthete	Intercept	-6.67	-16.95	3.62	5.25	-1.27	.204	0.00	-99.87
	Neuroticism	-0.45	-1.31	0.41	0.44	-1.02	.307	0.64	-36.11
	Openness	2.10	0.21	3.99	0.96	2.18	<b>.029*</b>	8.18	718.49
	Agreeableness	-0.24	-1.23	0.74	0.50	-0.48	.632	0.79	-21.40
	Conscientiousness	0.33	-0.62	1.28	0.48	0.68	.495	1.39	39.08
	Extraversion	-1.14	-1.96	-0.32	0.42	-2.74	<b>.006*</b>	0.32	-68.08
	Age	0.03	-0.50	0.57	0.27	0.13	.898	1.04	3.55
OLP synaesthete	Intercept	-8.11	-16.22	0.03	4.15	-1.95	.051	0.00	-99.97
	Neuroticism	0.18	-0.53	0.90	0.37	0.50	.617	1.20	20.06
	Openness	0.83	-0.44	2.10	0.65	1.28	.201	2.29	128.62
	Agreeableness	-0.70	-1.51	0.11	0.41	-1.69	.091	0.50	-50.20
	Conscientiousness	0.99	0.11	1.88	0.45	2.21	<b>.027*</b>	2.70	170.40
	Extraversion	-0.19	-0.89	0.51	0.36	-0.53	.593	0.83	-17.33
	Age	0.22	-0.20	0.65	0.22	1.02	.307	1.25	24.82

Note: \* indicates significance at the  $p = .05$  level. The model AIC = 567.54, deviance = 524.54.

Our data is summarized in Figure 2, which shows mean scores for each group, in each of the five personality factors.

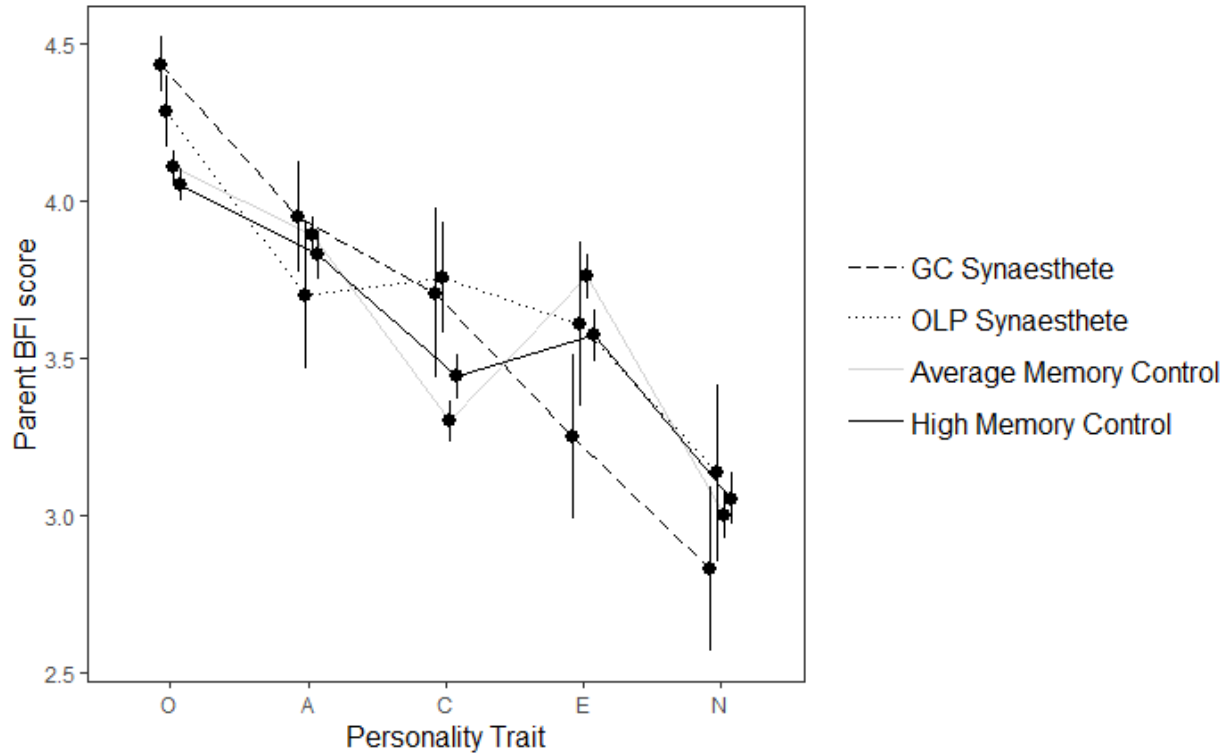


Figure 2. Means scores for each of the five personality factors in the (parent-reported) BFI-44-parent questionnaire, where O stands for Openness, A for Agreeableness, C for Conscientiousness, E for Extraversion and N for Neuroticism. Error bars show standard error of the mean.

## Discussion

In this study we investigated whether child synaesthetes show a personality profile that sets them aside from their peers. We had three main aims with this research: firstly to extend previous personality findings to a randomly sampled group of verified synaesthetes. Secondly, to extend previous personality findings to children, during a period in development when synaesthesia is still emerging. And thirdly, we aimed to compare two different common subtypes of synaesthesia (grapheme-colour synaesthesia and OLP synaesthesia). We also included two types of controls against which to compare synaesthetes: non-synaesthetes with superior performance in our initial

colour task (“high memory controls”; i.e., who consistently paired colours with graphemes in Session 1 but were not synaesthetes), and non-synaesthetes with average performance in this task (“average memory controls”). These two groups allow us to estimate whether differences stem from cognitive factors such as memory (in which case synaesthetes and high memories controls may have scored similarly), or whether they are tied to synaesthesia itself (in which case synaesthetes and high memories controls would score differently).

Our principal finding was that synaesthesia, regardless of subtype, was associated with higher *Openness*, supporting the prediction that different variants of synaesthesia may share a unified personality profile. However, we also found type-dependent traits: grapheme-colour synaesthetes showed lower Extraversion compared to average and high memory controls, while OLP synaesthetes showed higher conscientiousness compared to average memory controls. We discuss these findings in turn below.

Our finding that synaesthetes show higher Openness replicated important previous research by Banissy et al. (2013); Rouw and Scholte (2016) and Chun and Hupé (2016). All three had methodological differences to our own study, in which they had recruited synaesthetes and controls differently to each other, or mentioned synaesthesia during recruitment, or they had not measured synaesthesia objectively (with consistency over time). However, our results suggest their findings of high Openness were not due to methodological considerations, since we replicate this here with an unbiased sample of verified synaesthetes. We identified synaesthetes by objective measures, and by screening virtually the entire student bodies of 22 primary schools with almost no opt-outs (1%). Given this confidence, we might now ask why Openness is a trait found in synaesthesia, for both children and adults.

Openness is principally categorised by two main attributes; intelligence and creativity (Caspi et al., 2005). Since our synaesthetes scored higher in Openness compared to even high-memory non-synaesthetes, our finding is unlikely to be linked to intelligence alone. And indeed, there is independent evidence that both intelligence and creativity are elevated within synaesthesia. Synaesthetes not only score highly in intelligence-linked domains such as memory (Rothen et al., 2012), but also partake more often in creative activities and score higher in certain creativity tasks (Rothen & Meier, 2010; Ward et al., 2008). The fact that we have found synaesthesia-linked differences in Openness stemming back into childhood argues against a model in which this trait develops over time by repeated exposure to synaesthetic sensations (e.g., repeatedly seeing colours enticing a synaesthete to paint; see Simner, 2019). The youngest children in our study are still in the process of developing their synaesthesia (see Simner et al., 2009) so would have had only nascent exposure to what will become lifelong associations. This suggests therefore, that other factors may be dictating personality profiles, and we return to this question further below, after first reviewing our other key findings.

We also found a two additional traits linked to synaesthesia, but each was tied to one particular variant of synaesthesia. Within parent-reported personality, grapheme-colour synaesthetes showed lower Extraversion. This effect has not been found in any of the three previous studies of grapheme-colour synaesthesia in adults (Banissy et al., 2013; Chun & Hupé, 2016; Rouw & Scholte, 2016; though not all tested grapheme-colour synaesthetes in isolation). Importantly however, their earlier recruitment methods are likely to have masked this effect because they relied on some degree of self-motivation in their participants (whilst there was no self-motivation required within our own sample). Put simply, any person willing to reach out to scientists, or willing to leave their contact details for future study may be somewhat high on

Extraversion already. This would be true of both synaesthetes and controls, meaning that matching recruitment across testing groups would not resolve this issue (i.e., selection is from people already *a priori* extraverted). An alternative explanation for our finding, however, is that we tested a group of children rather than adults, so it is possible that lower Extraversion pertains only to *young* synaesthetes. We have suggested this because one of the core elements of Extraversion is dominance, and this is known to increase from adolescence through to middle age (Caspi et al., 2005). It might be possible, therefore, that young synaesthetes had lower Extraversion simply because they have not yet developed in dominance. However, the fact that synaesthetes, only, showed this trait, suggests it is associated with childhood synaesthesia per se, rather than simply with childhood.

We additionally found higher Conscientiousness from parent-reports, comparing OLP synaesthetes to average memory controls. This OLP-linked finding conflicts with Rouw and Scholte (2016), who found *decreased* Conscientiousness in their group of mixed synaesthetes. However, we noted in our Introduction that Rouw and Scholte (2016) recognised synaesthetes by self-declaration alone, and that a surprisingly high number of self-declared ‘synaesthetes’ are malingerers, known elsewhere to be low in Conscientiousness (Grieve, 2012). A similar argument may explain why Rouw and Scholte found their self-declared synaesthetes to be high in Neuroticism, while our sample were not. Neuroticism is a trait linked with hypochondria and pathologizing (Costa Jr & McCrae, 1987) so might reasonably be higher in a group likely to contain malingerers (i.e., people falsely claiming they have a rare neurodevelopmental condition). Nonetheless, it is also possible that our different results speak to age-differences in our samples: higher Neuroticism may evolve as synaesthetes age (perhaps as they recognise their differences, and/ or in parallel with other age-related increases in Neuroticism; Soto, John, Gosling, & Potter,

2011). However, the absence of high Neuroticism or low Conscientiousness in any other adult study of synaesthetes (e.g., Chun & Hupé, 2016) leads us to tentatively assume these effects may be related to self-declaration of synaesthesia in Rouw and Scholte (2016) and its known links to malingering.

Importantly, we found here that conscientiousness was higher than in average memory controls not just for OLP synaesthetes, but also for high memory non-synaesthetes. This is perhaps unsurprising given that some degree of conscientiousness is required to perform well in our diagnostic tests without synaesthesia. Specifically, high memory controls will have achieved their high OLP test-scores by *applying strategies*, or by *trying hard to remember* letter-face associations they gave earlier in testing -- both signs of high Conscientiousness. However, it is important to acknowledge a possible limitation in our study. Given the link between Conscientiousness and performing well in our diagnostic test (i.e., by both OLP synaesthetes *and* high memory non-synaesthetes), we tentatively suggest that Conscientiousness in synaesthetes may be a task-dependent confound, and we therefore take a conservative approach in giving this finding less weight than our other significant results (of higher Openness and lower Extraversion).

Finally, unlike Banissy et al. (2013) we found no indication that grapheme-colour synaesthetes were lower in Agreeableness. If low Agreeableness really were a trait tied to synaesthesia, this could logically arise as synaesthetes come to learn that they are different from their peers (i.e., leading to isolation and thereby low Agreeableness). Finding no similar effect in child synaesthetes is certainly consistent with this theory because any personality traits arising from exposure to synaesthesia would logically be limited in younger children (who have had less exposure). However, we tentatively rule out any type of aging effect because Banissy et al.'s Agreeableness finding was not replicated in the adult samples of either Chun and Hupé (Chun &

Hupé, 2016) nor Rouw and Scholte (2016; although these latter did not focus solely on grapheme-colour synaesthesia). We simply note, therefore, that low Agreeableness has not been linked to grapheme-colour synaesthesia in children, nor has it been linked to synaesthesia more broadly in two out of three adult studies.

We end by considering the types of mechanisms that might lead to the personality profile we have identified here. One possible mechanism is via shared brain regions implicated in both personality and synaesthesia. It is interesting to note that both Openness to Experience and Extraversion (i.e., the key traits found here) share similar neurological underpinnings (Kennis, Rademaker, & Geuze, 2013). Both have been linked to networks that account for differences in sensitivity to reward (known as The Behavioural Approach System) and both traits are associated with overlapping brain activation in temporal and parietal regions, amongst others (See Kennis et al., 2013 for review). Additionally, both Openness and Extraversion have been linked to functional brain activation in similar areas to grapheme-colour synaesthesia (e.g., insula and dorsal prefrontal cortex; Kennis et al., 2013; Rouw, Scholte, & Colizoli, 2011). And there is similar overlap in structural terms: both Extraversion and grapheme-colour synaesthesia have been linked to cortical differences in volume and surface area in the fusiform gyrus and superior temporal gyrus (Riccelli, Toschi, Nigro, Terracciano, & Passamonti, 2017; Rouw et al., 2011). Additionally, both Openness and grapheme-colour synaesthesia have been linked to differences in cortical thickness and surface area of the anterior cingulate gyrus, inferior parietal cortex and lateral occipital gyrus (Riccelli et al., 2017; Rouw et al., 2011). Shared regions are therefore important for both synaesthesia and Openness/Extraversion, suggesting that personality differences may emerge from these shared neurological roots. Of course we must acknowledge the possible circularity in this account. Regions associated with synaesthesia (i.e., regions found when scanning synaesthetes) may be



nothing more than personality differences themselves. This is especially true for *structural* imaging studies, which do not elicit synaesthesia during scanning, and might therefore have highlighting differences between synaesthetes and controls which were personality determined.

In conclusion we have tested a large sample of child synaesthetes, avoiding recruitment bias and other testing confounds as far as was possible. We have found that child synaesthetes do indeed have personality differences compared to their peers. We have found that children with either grapheme-colour synaesthesia or OLP synaesthesia are higher than their peers in Openness to Experience (replicating previous findings in adult synaesthetes). We have also found that, compared to average memory controls, child grapheme-colour synaesthetes are lower in Extraversion, while child OLP synaesthetes are higher in Conscientiousness (although we conservatively link this latter with the possibility of task demands). With respect to previous findings shown in adult synaesthetes but not found here, we point to one of two interpretations: aging effects (perhaps for low Agreeableness and/or high Neuroticism), or methodological issues in earlier studies (perhaps for high Neuroticism and/ or low Conscientiousness).

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Footnotes

<sup>1</sup>Details of who was selected for retesting are reported in Simner, Rinaldi, Smees, Alvarez,  
and